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Abstract. We introduce some IMEX schemes (implicit-explicit schemes with an implicit term being linear) for approximating elastodynamic contact problems when the contact condition is taken into account with a Nitsche method. We develop a theoretical and numerical study of the properties of the schemes, especially in terms of stability, provide some numerical comparisons with standard explicit and implicit scheme and propose some improvements to obtain a more reliable approximation of motion for large time steps. We also show how selective mass scaling techniques can be interpreted as IMEX schemes.

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1. Introduction

This paper concerns the construction of implicit-explicit time integration schemes for the dynamics of deformable solids that can impact a rigid obstacle. The main addressed issue is to build schemes close to the computational cost of explicit ones but allowing not to be under the constraint of a CFL condition, i.e. allowing the use of large or very large time steps. One characteristic of the dynamic with impact of deformable bodies is the very low regularity of the solutions and the potential ill-posedness of the semi-discretized problem (see the analysis in [25] and the discussion in [13] for example). A consequence is that time integration schemes must be chosen carefully, since most schemes, even the implicit ones, are subject to instabilities (see [25, 21, 49]), except the most dissipative ones such as implicit Euler scheme (see [24]).

This ill-posed character can then be addressed by adding an impact law, which is a classical approach in the rigid body case, but lacks a clear physical interpretation in the context of deformable bodies. Most of the stable schemes that have been developed so far correspond to a vanishing restitution coefficient, which implies that they generally dissipate energy at each impact, regardless of the size of the time step (this dissipation decreases, however, when the mesh size decreases). Among the first stable schemes proposed are those of L.M. Taylor and D.P Flanagan [46] (see also [23]), where the elastic terms are taken into account with Verlet’s explicit scheme (also called Leapfrog or central difference scheme) and the contact force is treated implicitly. The scheme is not fully explicit, in the sense that it remains a non-linear problem to solve at each time step, restricted to the contact boundary, which, in [23], is solved iteratively. J.J. Moreau’s work on the sweeping process and its numerical approximation [30, 31] has led to many developments, mainly in the context of rigid bodies but also in the context of deformable ones (for instance in [48]). The developed schemes are implicit ones, often based on an expression of the contact condition in term of sliding velocity and an implicit
consideration of the coefficient of restitution (see also [42] for a generalization using time discontinuous Galerkin schemes). In parallel, L. Paoli and M. Schatzman also developed and mathematically analyzed in [35, 36] central difference schemes with an implicitation of contact condition which also implicitly takes into account the restitution coefficient.

Notice that the ill-posed character of the finite element semi-discretization is not present in the case of the approximation of the contact condition by a penalty method [6, 26, 17]. The penalty method is however not consistent in the strong sense and induces an additional approximation. The interest of Nitsche’s methods in this context (see [8, 4]) is that it combines the fact of being strongly consistent and the well-posed character of semi-discretization (see [10, 11]). In [13] fully explicit schemes based on Verlet’s scheme have been introduced, analyzed and compared to other schemes previously introduced for impact dynamics. Of course, the disadvantage of schemes based on an explicit time integration is their conditional stability, which makes it necessary to consider a time step that can be extremely small.

In this context, using an implicit-explicit (IMEX) scheme can be advantageous. Indeed, following D.J. Eyre approach [19], by breaking down the operators in the difference of two monotonous parts, it is possible to build unconditionally stable schemes, i.e. without constraint on the time step size, with the cost of a single linear system resolution per time step. This cost is not so far from an explicit time integration scheme when the mass matrix is not lumped. These schemes therefore present an interesting compromise by avoiding the resolution of a non-linear problem at each time step and having stability properties close to the implicit schemes. We refer to [39] for a comprehensive theory of unconditional stability of such IMEX schemes.

It should also be remembered that certain techniques has been developed in the context of explicit schemes to allow the use of a larger time step than the critical one imposed by the CFL condition. The simplest technique, the mass scaling, consists in adding some mass to the structure in order to obtain a greater critical time step. However, for rapid transient dynamics, this additional inertia may fundamentally change the solution. An alternative, called selective mass scaling has been proposed in [34, 33] and further developed in [15, 47] for instance. It consists in perturbing the mass matrix using the stiffness matrix which has the advantage not to modify too much the lowest eigenmodes of the structure. We show that this latter strategy is equivalent to the use of an IMEX scheme, and that it may shed light on the choice of the terms that can be used to perturb the mass matrix.

In the continuity of the work presented in [10, 11, 13] respectively for implicit and explicit schemes, we present in this paper some IMEX schemes adapted to the contact problem approximated by Nitsche’s method. The rest of the paper is described as follows. Section 2 is dedicated to the description of the semi-discrete formulation. Then, our IMEX schemes are proposed and their energy conservation properties are analyzed in Section 3. Some numerical tests are presented in Section 4 that confirm the presented properties but reveal a slowing down of the motion for large time steps. Section 5 provides an analysis of this phenomenon and interprets IMEX schemes in terms of selective mass scaling. We then propose different techniques to improve the approximation for large time step and end the paper with a conclusion.

2. Problem setting and Nitsche’s formulation

2.1. Problem setting

Let \( \Omega \subset \mathbb{R}^d \) with \( d = 1, 2, 3 \) be the reference configuration of a linearly elastic body (with plain strain assumption for \( d = 2 \)). Let us describe its dynamic evolution submitted to a contact condition with a rigid obstacle. We suppose that \( \partial \Omega \) consists in three non-overlapping parts \( \Gamma_D, \Gamma_N \) and the contact boundary \( \Gamma_C \), with \( \text{meas}(\Gamma_D) > 0 \) and \( \text{meas}(\Gamma_C) > 0 \). The body is clamped on \( \Gamma_D \) for the sake of simplicity. It is subjected to volume forces \( \mathbf{f} \) in \( \Omega \) and to surface loads \( \mathbf{g} \) on \( \Gamma_N \). The body
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is in potential contact on $\Gamma_C$ with a rigid foundation. We assume for simplicity a vanishing gap in the reference configuration. Considering $T > 0$ the final time, the evolution of the displacement field $u : [0, T] \times \Omega \to \mathbb{R}^d$ satisfies the equations and conditions (2.1)–(2.2):

$$
\rho \ddot{u} - \text{div} \sigma(u) = f, \quad \sigma(u) = A \varepsilon(u) \quad \text{in } (0, T] \times \Omega,
$$

$$
u = 0 \quad \text{on } (0, T] \times \Gamma_D,
$$

$$
\sigma(u)n = g \quad \text{on } (0, T] \times \Gamma_N,
$$

$$
u(0, \cdot) = u_0, \quad \dot{u}(0, \cdot) = \dot{u}_0 \quad \text{in } \Omega, \tag{2.1}
$$

where the following notations have been used: the time derivative of a quantity $x$ is denoted $\dot{x}$, $\rho$ is the density which is assumed to be constant for simplicity, $u_0$ and $\dot{u}_0$ are initial displacement and velocity, $\sigma = (\sigma_{ij})$, $1 \leq i, j \leq d$, is the Cauchy stress tensor field, $\text{div}$ denotes the divergence operator of tensor valued functions, $\varepsilon(v) = (\nabla v + \nabla v^T)/2$ represents the linearized strain tensor field, $A$ is the fourth-order symmetric elasticity tensor having the usual uniform ellipticity and boundedness property and $n$ is the outward normal unit vector on $\partial \Omega$. We consider the following decomposition into normal and tangential components

$$
v = v_n n + v_t, \quad v_n = v \cdot n, \quad \text{and} \quad \sigma(v)n = \sigma_n(v)n + \sigma_t(v), \quad \sigma_n(v) = (\sigma(v)n) \cdot n,
$$

for any displacement field $v$ and density of surface forces $\sigma(v)n$ defined on $\partial \Omega$. This allows to express the frictionless unilateral contact condition on $\Gamma_C$ as follows:

$$
u_n \leq 0 \quad \sigma_n(u) \leq 0 \quad \sigma_n(u) u_n = 0 \quad \sigma_t(u) = 0. \tag{2.2}
$$

with $u_0$ satisfying the compatibility condition $u_{0n} \leq 0$ on $\Gamma_C$.

We refer to [18] for the mathematical analysis of elastodynamic contact problems. Apart for the one-dimensional case, the well-posedness of Problem (2.1)–(2.2) is still an open issue. A few existence results has been proposed for simplified models (scalar wave equations, thin structures, one-dimensional case) in [40, 41, 29, 27, 16, 2, 37].

We note the Hilbert space

$$
V := \left\{ v \in \left(H^1(\Omega)\right)^d : v = 0 \text{ on } \Gamma_D \right\},
$$

where $H^s(D)$, $s \in \mathbb{R}$ stands for the classical Sobolev space (see [1]) on the domain $D$. The usual scalar product of $V$ is denoted $\langle \cdot, \cdot \rangle_{s,D}$ and the corresponding norm $\| \cdot \|_{s,D}$. We consider the following forms, for any $u$ and $v$ in $V$, for all $t \in [0, T]$:

$$
a(u, v) := \int_{\Omega} \sigma(u) \cdot \varepsilon(v) \, d\Omega, \quad L(t)(v) := \int_{\Omega} f(t) \cdot v \, d\Omega + \int_{\Gamma_N} g(t) \cdot v \, d\Gamma. \tag{2.3}
$$

Classically, the assumption on the elasticity tensor $A$ and the presence of a Dirichlet condition on a boundary $\Gamma_D$ of non-vanishing measure ensure the coercivity of the bilinear form $a(\cdot, \cdot)$ on $V$, i.e. there exists a constant $\delta > 0$ such that $a(v, v) \geq \delta \|v\|_{1,\Omega}^2, \forall v \in V$. Note that, introducing the mechanical energy

$$
E(t) := \frac{1}{2} \rho \|\dot{u}(t)\|_{H^1(\Omega)}^2 + \frac{1}{2} a(u(t), u(t)), \quad \forall t \in [0, T],
$$

and assuming that the contact force does not dissipate any energy (i.e. that the so-called persistance condition $\sigma_n(u(t)) u_n(t) = 0$ is satisfied, which is expected from a mechanical viewpoint but difficult to prove mathematically, see, e.g., [28, 5, 22]) then the solution to the dynamic contact problem (2.1)–(2.2) is such that

$$
\frac{d}{dt} E(t) = L(t)(u(t)). \tag{2.4}
$$
2.2. A finite element Nitsche approach

Let us now present the Nitsche-based finite element semi-discretization of the dynamic contact problem (2.1)–(2.2) which was introduced in [10, 11] together with some basic properties of well-posedness and energy conservation.

Let \( V^h \subset V \) be a family of finite dimensional vector spaces (see [14]) indexed by \( h \) coming from a finite element method on a family \( \mathcal{T}^h \) of triangulations, supposed regular in Ciarlet’s sense, of the domain \( \Omega \) (\( h = \max_{K \in \mathcal{T}^h} h_K \) where \( h_K \) is the diameter of the element \( K \)). For instance, for a standard Lagrange finite element method of degree \( k > 0 \), we have

\[
V^h := \{ \psi^h \in \mathfrak{C}_0^d(\Omega) : \psi^h|_K \in (P_k(K))^d, \forall K \in \mathcal{T}^h, \psi^h = 0 \text{ on } \Gamma_D \}.
\]

However, any \( \mathfrak{C}_0^d \)-conforming finite element method would be convenient.

With the use of a piecewise constant parameter \( \gamma_h > 0 \) defined on the contact boundary \( \Gamma_C \) satisfying for every \( K \in \mathcal{T}^h \) having a face on \( \Gamma_C \)

\[
\gamma_h|_{K \cap \Gamma_C} = \frac{\gamma_0}{h_K}, \tag{2.5}
\]

where \( \gamma_0 \) is a positive given constant (the so-called Nitsche’s parameter), we use the following equivalent reformulation of the contact condition (2.2) (see [3, 9]):

\[
\sigma_n(u) = -(\sigma_n(u) - \gamma_h u_n)_- = - (\gamma_h u_n - \sigma_n(u))_+ \tag{2.6}
\]

where \((\cdot)_+\), the positive part is defined by \((x)_+ := (x + |x|)/2\) and \((\cdot)_-\), the negative part by \((x)_- := (-x)_+.\)

As in [10, 11] we consider a family of methods indexed by an additional parameter \( \Theta \in \mathbb{R} \) (generally, \( \Theta = -1, 0, 1 \), see, e.g., [12]) which leads to the following expression of the space semi-discretized elastodynamic contact problem (see, e.g., [8, 10]):

\[
\begin{cases}
\text{Find } \mathbf{u}^h : [0, T] \to V^h \text{ such that for } t \in [0, T] : \\
(\rho \mathbf{u}^h(t), \mathbf{v}^h)_{0, \Omega} + a(\mathbf{u}^h(t), \mathbf{v}^h) - \int_{\Gamma_C} \Theta \gamma_h (\sigma_n(u^h) - \gamma_h u_n^h) d\Gamma \\
- \int_{\Gamma_C} \frac{1}{\gamma_h} (\sigma_n(u^h(t)) - \gamma_h u_n^h(t)) \cdot \left( \Theta \sigma_n(v^h) - \gamma_h v_n^h \right) d\Gamma = L(t)(v^h), \forall \mathbf{v}^h \in V^h,
\end{cases} \tag{2.7}
\]

\[
\mathbf{u}^h(0, \cdot) = \mathbf{u}_0^h, \quad \mathbf{u}^h(0, \cdot) = \dot{\mathbf{u}}_0^h,
\]

where \( \mathbf{u}_0^h \) (resp. \( \dot{\mathbf{u}}_0^h \)) is an approximation in \( V^h \) of the initial displacement \( \mathbf{u}_0 \) (resp. the initial velocity \( \dot{\mathbf{u}}_0 \)).

Following [10], we consider the following mesh-dependent (piecewise-defined) norms for any \( v \in L^2(\Gamma_C)\):

\[
\|v\|_{1/2, \gamma_C} := \| (h_K)^{1/2} v\|_{0, \Gamma_C}, \quad \|v\|_{1, \gamma_C} := \| (h_K)^{-1/2} v\|_{0, \Gamma_C},
\]

the scalar product for all \( \mathbf{v}^h, \mathbf{w}^h \in V^h:\n
\[
(\mathbf{v}^h, \mathbf{w}^h)_{\gamma_h} := (\mathbf{v}^h, \mathbf{w}^h)_{1, \Omega} + (\gamma_h^{1/2} v_n^h, \gamma_h^{-1/2} w_n^h)_{0, \Gamma_C},
\]

and \( \| \cdot \|_{\gamma_h} := (\cdot, \cdot)^{1/2}_{\gamma_h} \) the corresponding norm.

Then we reformulate (2.7) as a system of non-linear second-order differential equations, using Riesz’s representation theorem in \((V^h, (\cdot, \cdot)_{\gamma_h})\). Let \( M^h : V^h \to V^h \), be the mass operator defined for all
As a consequence, for every value of \(C\) linear operator defined by \(C\), Theorem 2.1. lem (2.7) (or equivalently Problem (2.9)) is well-posed. Suppose that the system associated to variations of \(v\) the solution \(E\) the following theorem together with the boundedness of \(E\) by \(M\). Finally, we denote by \(L^h(t)\) the vector in \(V^h\) such that, for all \(t \in [0, T]\) and for every \(w^h\) in \(V^h\): \((L^h(t), w^h)_{\gamma h} := L(t)(w^h)\). Problem (2.7) then reads:

\[
\begin{align*}
\text{Find } u^h : [0, T] &\rightarrow V^h \text{ such that for } t \in [0, T]: \\
M^h \ddot{u}^h(t) + B^h u^h(t) &= L^h(t), \\
\dot{u}^h(0, \cdot) &= u_0^h, \\
u^h(0, \cdot) &= u_0^h.
\end{align*}
\] (2.9)

The following theorem together with the boundedness of \(\|(M^h)^{-1}\|_{\gamma h}\) (see [10]) show that Problem (2.7) (or equivalently Problem (2.9)) is well-posed.

**Theorem 2.1.** The operator \(B^h\) is Lipschitz-continuous in the following sense: there exists a constant \(C > 0\), independent of \(h\), \(\Theta\) and \(\gamma_0\) such that, for all \(v_1^h, v_2^h \in V^h\):

\[
\|B^h v_1^h - B^h v_2^h\|_{\gamma h} \leq C(1 + \gamma_0^{-1})(1 + |\Theta|)\|v_1^h - v_2^h\|_{\gamma h}. 
\] (2.10)

As a consequence, for every value of \(\Theta \in \mathbb{R}\) and \(\gamma_0 > 0\), Problem (2.7) admits one unique solution \(u^h \in C^2([0, T], V^h)\).

Concerning the energy evolution, and considering the discrete energy as follows:

\[
E^h(t) := \frac{1}{2} \rho \|\dot{u}^h(t)\|_{\kappa, \Omega}^2 + \frac{1}{2} \alpha(u^h(t), u^h(t)), \quad \forall t \in [0, T].
\]

associated to the solution \(u^h(t)\) to Problem (2.7). We define also, as in [13], the modified energy more suited to Nitsche’s method

\[
E_1^h(t) = E^h(t) - \frac{1}{2 \gamma_0} \left[ \|\sigma_n(u^h(t))\|_{\kappa, \kappa}^2 - \|\left(\sigma_n(u^h(t)) - \gamma_h u_n^h(t)\right)_-\|_{\kappa, \kappa}^2 \right].
\] (2.11)

The two following results are stated in [13]:

**Proposition 2.2.** For \(\gamma_0\) large enough, there exists \(C > 0\) independent of \(h\), of \(\gamma_0\) and of the solution to Problem (2.7), such that, for all \(t \in [0, T]\):

\[
E^h(t) \leq CE_1^h(t).
\]

**Theorem 2.3.** Suppose that the system associated to (2.1)–(2.2) is conservative, i.e., that \(L(t) \equiv 0\) for all \(t \in [0, T]\). The solution \(u^h\) to (2.7) then satisfies the following identity:

\[
\frac{d}{dt} E_1^h(t) = -(1 - \Theta) \int_{\Gamma} \frac{1}{\gamma_h} \left( \left(\sigma_n(u^h(t)) - \gamma_h u_n^h(t)\right)_+ + \sigma_n(u^h(t)) \right) \sigma_n(u^h(t)) d\Gamma.
\]

**Remark 2.4.** As a result, \(E_1^h(t)\) is conserved for the symmetric variant \(\Theta = 1\), and, for \(\Theta \neq 1\) the variations of \(E_1^h(t)\) come from the non-fulfillment of the contact condition (2.6) by \(u^h\).
3. IMEX schemes

As mentioned in the introduction, most of the difficulties come from the treatment of the non-linear contact term. Indeed, it raises some instability issues when using an explicit treatment while an implicit one leads to the resolution of a non-linear system at each time step. The main idea of the IMEX scheme is then to split the non-linear term $B^h$ as

$$B^h = K^h - A^h,$$

using

- an implicit integration of $K^h$ as a linear symmetric positive operator
- an explicit treatment of $A^h$ which contains all the non-linear contributions of $B^h$.

In our context, a first idea would be to treat implicitly the stiffness operator and explicitly the Nitsche contact term. It would lead to define the following splitting:

$$\begin{align*}
(K_0^h v^h, w^h)_{\gamma_h} &:= a(v^h, w^h), \\
(A_0^h v^h, w^h)_{\gamma_h} &:= \frac{1}{\Gamma_C} \int_{\Gamma_C} \left( \sigma_n(v^h) - \gamma_h v_n^h \right) \left( \sigma_n(w^h) - \gamma_h w_n^h \right) \, d\Gamma + \frac{\Theta}{\Gamma_C} \int_{\Gamma_C} \sigma_n(v^h)\sigma_n(w^h) \, d\Gamma. 
\end{align*}$$

However, we do not use the splitting since the stability of the IMEX scheme requires that $A^h$ is a monotonous operator which is clearly not the case. More precisely, this means that for all $v^h, w^h \in \mathbb{V}^h$, $v^h \neq 0$, we need

$$(K^h v^h, v^h)_{\gamma_h} > 0, \quad (A^h v^h - A^h w^h, v^h - w^h)_{\gamma_h} \geq 0.$$ 

Then, a more adequate choice of splitting decomposition for the dynamic contact problem (2.9) verifying these properties for $\gamma_0$ large enough and $\Theta \in [-1,1]$ is the one defined by

$$\begin{align*}
(K_1^h v^h, w^h)_{\gamma_h} &:= a(v^h, w^h) - \frac{\Theta}{\Gamma_C} \int_{\Gamma_C} \sigma_n(v^h)\sigma_n(w^h) \, d\Gamma \\
&\quad + \frac{1}{\Gamma_C} \int_{\Gamma_C} \frac{1}{\gamma_h} \left( \sigma_n(v^h) - \gamma_h v_n^h \right) \left( \sigma_n(w^h) - \gamma_h w_n^h \right) \, d\Gamma + (1 - \Theta) \frac{1}{\Gamma_C} \int_{\Gamma_C} \sigma_n(v^h)\sigma_n(w^h) + \gamma_h v_n^h w_n^h \, d\Gamma, \\
(A_1^h v^h, w^h)_{\gamma_h} &:= \frac{1}{\Gamma_C} \int_{\Gamma_C} \frac{1}{\gamma_h} \left( \sigma_n(v^h) - \gamma_h v_n^h \right) + \left( \sigma_n(w^h) - \gamma_h w_n^h \right) \, d\Gamma \\
&\quad - (1 - \Theta) \frac{1}{\Gamma_C} \int_{\Gamma_C} \frac{1}{\gamma_h} \left( \sigma_n(v^h) - \gamma_h v_n^h \right)\sigma_n(w^h) \, d\Gamma + (1 - \Theta) \frac{1}{\Gamma_C} \int_{\Gamma_C} \frac{1}{\gamma_h} \sigma_n(v^h)\sigma_n(w^h) + \gamma_h v_n^h w_n^h \, d\Gamma, 
\end{align*}$$

where the last term of the two operators has been added for $\Theta \neq 1$ to ensure the monotonicity of $A_1^h$.

**Remark 3.1.** Such a splitting decomposition is not unique and the basic idea is of course to consider the simplest non-linear operator $A^h$ satisfying the monotonous assumption.

**Proposition 3.2.** The operator $K_1^h$ satisfies $(K_1^h v^h, v^h)_{\gamma_h} > 0$ for $\Theta \in [-1,1]$ and $\gamma_0$ large enough.

**Proof.** From the definition of $K_1^h$ we immediately obtain for $\Theta \in [-1,1]$

$$(K_1^h v^h, v^h)_{\gamma_h} \geq a(v^h, v^h) + (1 - 2\Theta) \frac{1}{\Gamma_C} \int_{\Gamma_C} \frac{1}{\gamma_h} (\sigma_n(v^h))^2 \, d\Gamma.$$
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The coercivity of the bilinear form $a(\cdot, \cdot)$ allows to conclude for $\Theta \in [-1, 1/2]$. From Lemma 3.2 in [12], there exists $C > 0$ independent of the parameter $\gamma_0$ and of the mesh size $h$, such that $\|\gamma h^{-2} \sigma_n(v^h)\|_{\Omega\Gamma} \leq C\gamma_0^{-1}\|v^h\|_\Omega^2$, for all $v^h \in V^h$. This implies that for $\Theta \in (1/2, 1]$
$$
(K^h_1v^h, v^h)_{\gamma h} \geq \delta\|v^h\|_{\Omega\Gamma}^2 + (1 - 2\Theta)\frac{C}{\gamma_0}\|v^h\|_{\Omega\Gamma}^2,
$$
where $\delta$ is the coercivity constant of $a(\cdot, \cdot)$. The positivity is reached for $\gamma_0 \geq \frac{C(2\Theta - 1)}{\delta}$.

**Proposition 3.3.** The operator $A^h_1$ is a monotonous one for $\Theta \in [-1, 1]$.

**Proof.** Due to the monotonicity of the positive part, the first term of (3.2) is monotonous and then

$$
(A^h_1v^h - A^h_1w^h, v^h - w^h)_{\gamma h} \geq - (1 - \Theta)\int_{\Gamma_C} \frac{1}{\gamma h} \left( (-\sigma_n(v^h) + \gamma hv^h_n)_{\pm} - (-\sigma_n(w^h) + \gamma hw^h_n)_{\pm} \right) \sigma_n(v^h - w^h) d\Gamma
+ (1 - \Theta)\int_{\Gamma_C} \frac{1}{\gamma h} (\sigma_n(v^h - w^h))^2 + \gamma h(v^h_n - w^h_n)^2 d\Gamma.
$$

However, using again the monotonicity of the positive part and its Lipschitz-continuity, one obtains

$$
- \left( (-\sigma_n(v^h) + \gamma hv^h_n)_{\pm} - (-\sigma_n(w^h) + \gamma hw^h_n)_{\pm} \right) \sigma_n(v^h - w^h)
\geq -\frac{1}{2} \left( (-\sigma_n(v^h) + \gamma hv^h_n)_{\pm} - (-\sigma_n(w^h) + \gamma hw^h_n)_{\pm} \right) \sigma_n(v^h - w^h)
- \frac{1}{2} \left( (-\sigma_n(v^h) + \gamma hv^h_n)_{\pm} - (-\sigma_n(w^h) + \gamma hw^h_n)_{\pm} \right) \gamma h(v^h_n - w^h_n)
\geq -\frac{1}{2} |\sigma_n(v^h - w^h) - \gamma h(v^h_n - w^h_n)| \left( |\sigma_n(v^h - w^h) + \gamma h(v^h_n - w^h_n)| \right)
\geq -\frac{1}{2} \left( (|\sigma_n(v^h - w^h)|^2 - \gamma h^2(v^h_n - w^h_n)^2) \right)
\geq -\frac{1}{2} \left( (\sigma_n(v^h - w^h))^2 - \gamma h^2(v^h_n - w^h_n)^2 \right),
$$

which allows to conclude.

**Remark 3.4.** Note that operator $K^h_1$ derives of course from the potential
$$
\psi_{K^h_1}(v^h) := \frac{1}{2}(K^h_1v^h, v^h)_{\gamma h}
$$
and, in the case $\Theta = 1$, the operator $A^h_1$ also derives from the convex potential
$$
\psi_{A^h_1}(v^h) := \int_{\Gamma_C} \frac{1}{2\gamma h} \left( \sigma_n(v^h) - \gamma hv^h_n \right)^2 d\Gamma.
$$

### 3.1. A semi-implicit $\beta$-Newmark scheme

Let us now consider a uniform discretization of the time interval $[0, T]$; $(t^0, \ldots, t^N)$, with $t^n = n\tau$, $n = 0, \ldots, N$ where $\tau = T/N$ is the time step. In the following, we use the notation $x^{h,n+\alpha} := (1-\alpha)x^{h,n} + \alpha x^{h,n+1}$, $x^{h,n-\alpha} := (1-\alpha)x^{h,n} + \alpha x^{h,n-1}$ for $\alpha > 0$ and arbitrary quantities $x^{h,n-1}, x^{h,n}, x^{h,n+1} \in V^h$. Moreover, we denote by $u^{h,n}$ (resp. $\tilde{u}^{h,n}$ and $\hat{u}^{h,n}$) the discretized displacement (resp. velocity and acceleration) at time step $t^n$. 

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We present a family of schemes indexed by two parameters $\beta \in [\frac{1}{2}, \frac{1}{2}]$ and $\alpha \in [0, \frac{1}{2}]$. We propose first the following two-step scheme:

$$
\begin{align*}
&\text{Find } u^{h,n+1} \in \mathbf{V}_h^h \text{ such that:} \\
&M^h u^{h,n+1} = M^h u^{h,n} + \tau M^h u^{h,n} - \frac{\tau^2}{2} K^h \left(2\beta u^{h,n+1} + (1-2\beta)u^{h,n} + \beta u^{h,n-1}\right) - A^h u^{h,n-\alpha} = L^{h,n}, \quad (3.3)
\end{align*}
$$

with initial conditions $u^{h,0} = u^h_0$ and $u^{h,1} = u^h_1$. Note that only a linear system corresponding to $M^h + \beta \tau^2 K^h$ is to be solved at each time step. This scheme is based on a $\beta$-Newmark scheme [32] for the linear part $K^h$ and when $\alpha = 0$, a central difference scheme (Störmer-Verlet scheme) for the non-linear part $A^h$ (a similar choice is presented in [45], for instance). This scheme is second-order accurate for $\alpha = 0$ and only first-order accurate otherwise.

From a numerical viewpoint, it is also useful to introduce the following two equivalent schemes:

- The one-step Newmark-like scheme:

$$
\begin{align*}
&M^h u^{h,n+1} = M^h u^{h,n} + \tau M^h u^{h,n} - \frac{\tau^2}{2} K^h \left(2\beta u^{h,n+1} + (1-2\beta)u^{h,n} + \beta u^{h,n-1}\right), \\
&M^h v^{h,n+1} = M^h v^{h,n} + \tau \left(L^{h,n+1} + L^{h,n} - K^h (u^{h,n+1} + u^{h,n})\right) + \frac{\tau}{2} \left(2 A^h u^{h,n+1-\alpha} - A^h u^{h,n+1} + A^h u^{h,n}\right),
\end{align*}
$$

associated with the initial conditions $u^{h,0} = u^h_0$, $v^{h,0} = v^h_0$.

- The Leapfrog-like scheme

$$
\begin{align*}
&M^h u^{h,n+\frac{1}{2}} = M^h u^{h,n-\frac{1}{2}} + \beta \tau^2 K^h \left(u^{h,n-\frac{1}{2}} - u^{h,n+\frac{1}{2}}\right) + \tau \left(L^{h,n} - K^h u^{h,n} + A^h u^{h,n-\alpha}\right), \quad (3.5)
\end{align*}
$$

associated with the initial conditions $u^{h,0} = u^h_0$, $v^{h,\frac{1}{2}} = v^h_{\frac{1}{2}}$.

Note that the latter scheme is a one-step scheme only for $\alpha = 0$, however, even for $\alpha \neq 0$ starting from $u^{h,0}$ and $v^{h,\frac{1}{2}}$, the value of $u^{h,1}$ is given by the second relation of (3.5) then the first relation gives $v^{h,\frac{1}{2}}$ from $u^{h,1}$, $u^{h,0}$ and $v^{h,\frac{1}{2}}$. Note also that the starting values $u^h_1$ and $v^h_{\frac{1}{2}}$ for schemes (3.3) and (3.5) can be obtained from $u^h_0$ and $v^h_0$ using the one-step Newmark-like scheme (3.4).

**Proposition 3.5.** Apart from the initial conditions, the three family of schemes (3.3), (3.4) and (3.5) are equivalent.

**Proof.** Subtracting the first relation of (3.4) with itself replacing $n$ by $n - 1$ and using the second relation of (3.4) to eliminate the velocity, one obtains directly (3.3). In a similar manner, subtracting the second relation of (3.5) with itself replacing $n$ by $n - 1$, multiplying the result by $M^h + \beta \tau^2 K^h$ and using it in the first relation of (3.5) leads also to (3.3). \[\blacksquare\]
3.2. Discrete Energy evolution

We make the additional assumption that the non-linear operator $A^h$ derives from a positive convex potential $\psi_{A^h}(u^h)$ in the sense

$$\langle A^h u^h, v^h \rangle_{\gamma h} = D \psi_{A^h}(u^h)[v^h],$$

where $D \psi_{A^h}(u^h)[v^h] := \lim_{\varepsilon \to 0} \psi_{A^h}(u^h + \varepsilon v^h) - \psi_{A^h}(u^h)$ is the directional derivative of $\psi_{A^h}$ at $u^h$ in the direction $v^h$. This means in particular that $\psi_{B^h}(u^h) = \frac{1}{2}(K^h u^h, u^h)_{\gamma h} - \psi_{A^h}(u^h)$ is the potential of $B^h$ and we assume also $\psi_{B^h}(u^h)$ positive and convex.

For the sake of simplicity, we consider the case of a constant source term $L^{h,n} = L^h$ and we integrate the source term potential to the energy. We consider the energy at mid-point

$$E^{h,n+\frac{1}{2}} := \frac{1}{2}(M^h u^{h,n+1} - u^{h,n}, \frac{u^{h,n+1} - u^{h,n}}{\tau})_{\gamma h} + \psi_{B^h}(u^{h,n+\frac{1}{2}}) - (L^h, u^{h,n+\frac{1}{2}})_{\gamma h}. \quad (3.6)$$

A more adapted energy for the $\beta$-Newmark scheme can then be deduced as

$$E^{h,n+\frac{1}{2}}_{\text{imex1}} := \frac{1}{2} \left( \beta \left( K^h u^{h,n+1}, u^{h,n+1} \right)_{\gamma h} + (1 - 2\beta) \left( K^h u^{h,n+\frac{1}{2}}, u^{h,n+\frac{1}{2}} \right)_{\gamma h} \right)$$

which is ensured to be positive for $\beta \geq \frac{1}{4}$ and can be rewritten equivalently

$$E^{h,n+\frac{1}{2}}_{\text{imex1}} = \frac{1}{2} \left( M^h u^{h,n+1} - u^{h,n}, \frac{u^{h,n+1} - u^{h,n}}{\tau} \right)_{\gamma h} + \left( \beta - \frac{1}{4} \right) \left( K^h u^{h,n+1}, u^{h,n+1} \right)_{\gamma h} + \left( \beta - \frac{1}{4} \right) \left( K^h u^{h,n}, u^{h,n} \right)_{\gamma h}$$

- $\psi_{A^h}(u^{h,n+\frac{1}{2}}) - (L^h, u^{h,n+\frac{1}{2}})_{\gamma h}. \quad (3.8)$

**Proposition 3.6.** When $\psi_{A^h}$ and $\psi_{B^h}$ are both convex potentials, for a constant source term $L^{h,n} = L^h$ and in the case $\alpha = \frac{1}{2}$ and $0 \leq \beta \leq \frac{1}{2}$ the energy $E^{h,n+\frac{1}{2}}_{\text{imex1}}$ decreases with respect to $n$.

**Proof.** The evolution of this discrete energy can be computed for schemes (3.3), (3.4) and (3.5) taking the scalar product of the relation (3.3) with

$$u^{h,n+\frac{1}{2}} - u^{h,n-\frac{1}{2}} = \frac{u^{h,n+1} - u^{h,n}}{2} = \frac{u^{h,n+1} - u^{h,n} + u^{h,n} - u^{h,n-1}}{2},$$

and using the decomposition

$$\beta u^{h,n+1} + (1 - 2\beta) u^{h,n} + \beta u^{h,n-1} = \left( \frac{1}{2} - \beta \right) (u^{h,n+1} + 2u^{h,n} + u^{h,n-1}) + \left( 2\beta - \frac{1}{2} \right) (u^{h,n+1} - u^{h,n-1}).$$

This leads to

$$\frac{1}{2} \left( M^h u^{h,n+1} - u^{h,n}, \frac{u^{h,n+1} - u^{h,n}}{\tau} \right)_{\gamma h} - \frac{1}{2} \left( M^h u^{h,n} - u^{h,n-1}, \frac{u^{h,n} - u^{h,n-1}}{\tau} \right)_{\gamma h}$$

$$+ (1 - 2\beta) \left( K^h u^{h,n+\frac{1}{2}}, u^{h,n+\frac{1}{2}} \right)_{\gamma h} - (1 - 2\beta) \left( K^h u^{h,n-\frac{1}{2}}, u^{h,n-\frac{1}{2}} \right)_{\gamma h}$$

$$+ \left( \beta - \frac{1}{4} \right) \left( K^h u^{h,n+1}, u^{h,n+1} \right)_{\gamma h} - \left( \beta - \frac{1}{4} \right) \left( K^h u^{h,n-1}, u^{h,n-1} \right)_{\gamma h}$$

$$- \left( A^h u^{h,n-\alpha}, u^{h,n+\frac{1}{2}} - u^{h,n-\frac{1}{2}} \right)_{\gamma h} = (L^h, u^{h,n+\frac{1}{2}} - u^{h,n-\frac{1}{2}})_{\gamma h},$$

which can be rewritten thanks to (3.8)

$$E^{h,n+\frac{1}{2}}_{\text{imex1}} = E^{h,n+\frac{1}{2}}_{\text{imex1}} - \psi_{A^h}(u^{h,n-\frac{1}{2}}) + \psi_{A^h}(u^{h,n+\frac{1}{2}}) + (A^h, u^{h,n-\alpha}, u^{h,n+\frac{1}{2}} - u^{h,n-\frac{1}{2}})_{\gamma h}. \quad (3.9)$$

The results follows directly from the convexity of $\psi_{A^h}$, since it implies $\psi_{A^h}(x) \geq \psi_{A^h}(u^h) + (A^h \nu^h, u^h - v^h)_{\gamma h}$ for all $u^h, v^h \in V^h$. ■

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This ensures the unconditional stability of the scheme \( \alpha = \frac{1}{2} \) for \( \frac{1}{4} \leq \beta \leq \frac{1}{2} \). However, \( \alpha = \frac{1}{2} \) corresponds to first-order dissipative schemes where the schemes with \( \alpha = 0 \) are second-order and reversible in time schemes. The reversibility in time of the schemes for \( \alpha = 0 \) make it impossible to have a strict dissipativity property. Proving a strict conservation of energy, when this is possible, means to find the particular conserved discrete energy. Even in the very simple case where \( \psi_A \) is a quadratic potential (i.e. \( A^h \) a linear symmetric monotonous operator), the energy \( E^{h,n+\frac{1}{2}} \) is not strictly conserved. In order to obtain a strict conservation in that case, it is necessary to consider the slightly modified energy

\[
E^{h,n+\frac{1}{2}}_{\text{imex}2} = E^{h,n+\frac{1}{2}}_{\text{imex}1} + \frac{1}{8} \left( A^h u^{h,n+1} - A^h u^{h,n}, u^{h,n+1} - u^{h,n} \right)_{\gamma_h}. \tag{3.10}
\]

Note that the additional term is a non-negative one whenever \( A^h \) is monotonous. The following result can be deduced from basic simplifications in equation (3.9) with the additional term considered in (3.10).

**Proposition 3.7.** When \( \psi_A \) and \( \psi_B \) are both quadratic convex potentials, for a constant source term \( L^{h,n} = L^h \) and in the case \( \alpha = 0 \) and \( 0 \leq \beta \leq \frac{1}{2} \) the energy \( E^{h,n+\frac{1}{2}}_{\text{imex}2} \) is constant with respect to \( n \).

This leads also to the unconditional stability of the corresponding scheme \( \alpha = 0 \) for \( \frac{1}{4} \leq \beta \leq \frac{1}{2} \) in the case of quadratic potentials.

### 4. First numerical comparison

We now perform a numerical comparison of the IMEX schemes (3.3) described in section 3 (i.e. corresponding to \( K^h_1 \) and \( A^h_2 \)) with some standard implicit and explicit schemes. The comparison is done first on a 1D case where an exact solution is available and then in a 2D Hertz-like case with the help of our freely available finite element library GetFEM++ (see [38] and http://getfem.org).

The explicit scheme is Verlet’s one which corresponds to scheme (3.3) for \( A^h = -B^h \) and \( K^h = 0 \) (see also [13]) and the implicit scheme is Crank–Nicolson one (also called trapezoidal rule) which corresponds conversely to \( A^h = 0 \) and \( K^h = B^h \) when \( \beta = \frac{1}{2} \). The Nitsche variant used is the energy conserving one \( \Theta = 1 \) which gave the most satisfactory results for the approximation of elastodynamic contact problems in [13].

#### 4.1. 1D numerical experiments: multiple impacts of an elastic bar

We first consider the one-dimensional case \( d = 1 \) described in [16] corresponding to a single contact point. It consists in an elastic bar \( \Omega = (0, L) \) with \( \Gamma_C = \{0\} \), \( \Gamma_D = \{L\} \) and \( \Gamma_N = \emptyset \). The elastodynamic equation is then reduced to find \( u : (0, T] \times (0, L) \to \mathbb{R} \) such that

\[
\rho \ddot{u} - E \frac{\partial^2 u}{\partial x^2} = f, \quad \text{in } (0, T] \times (0, L), \tag{4.1}
\]

where \( E \) is the Young modulus and the Cauchy stress tensor is given by \( \sigma(u) = E \frac{\partial u}{\partial x} \). We consider a finite element space using linear finite elements and a uniform subdivision of \([0, L] \). Let us denote \( U^n := [U_0^n, \ldots, U_N^n]^T \) (resp. \( \bar{U}^n, \bar{U}^n \)) the vector of all the nodal values of \( u^{h,n} \) (resp. \( \bar{u}^{h,n} \) and \( \bar{u}^{h,n} \)).

The component of index 0 corresponds to the node at the contact point \( \Gamma_C \).

We take the following values for the parameters: \( f = 0, \quad E = 1, \quad \rho = 1, \quad L = 1, \quad u_0(x) = \frac{1}{2} - \frac{x}{2} \) and \( u_0(x) = 0 \). The bar is initially compressed. Then, it is released without initial velocity. It impacts first the rigid ground, located at \( x = 0 \), and then gets compressed again (see Figure 4.1). This problem admits a closed-form solution \( u \) which derivation and expression is detailed in [16]. Notably, it has a
IMEX schemes for elastodynamic contact problems

\[ x = 0 \quad t = 0 \quad t_1 = 1 \quad t_2 = 2 \quad t_3 = 3 \]

Figure 4.1. Multiple impacts of an elastic bar. The bar is clamped at \( x = L \) and the contact node is located at the bottom. The displacement is periodic of period 3, with one impact during each period (here between \( t = 1 \) and \( t = 2 \)).

\[
\begin{align*}
\text{Verlet’s scheme (explicit)} \\
\text{Crank–Nicolson (implicit)} \\
\text{IMEX } \alpha = \frac{1}{2} \\
\text{IMEX } \alpha = 0
\end{align*}
\]

Figure 4.2. Simulation on the one-dimensional case for the time step \( \tau = 0.01 \) (below CFL) and the other numerical parameters \( \Theta = 1, \gamma_0 = 5, h = 0.02, \beta = 0.25 \) for the different schemes.

periodic motion of period 3. At each period, the bar stays in contact with the rigid ground during one time unit. The chosen simulation time is \( T = 12 \), so that we can observe four successive impacts.

We discretize the bar with 50 linear finite elements (\( h = 0.02 \)) and take \( \tau = 0.01 (\nu_C = 0.5) \) and \( \tau = 0.05 (\nu_C = 2.5) \), for \( \nu_C := c_0 h = \sqrt{\frac{E}{\rho}} h \) the Courant number and \( c_0 \) the wave speed.

The numerical tests are presented for a time step smaller than the critical one on Figure 4.2 and a time step larger than the critical one on Figure 4.3. For these two figures, the left plots correspond to the displacement on the contact point (\( u^{n,n}(0) = U_0^n \)). The dotted red curve is the exact solution. The
right plots correspond to the evolution of the discrete energy. The plotted energy is \( E_{h,n}^{h,n+\frac{1}{2}} \) for Verlet and Crank–Nicolson schemes, \( E_{\text{imex1}}^{h,n+\frac{1}{2}} \) for IMEX \( \alpha = \frac{1}{2} \) and \( E_{\text{imex2}}^{h,n+\frac{1}{2}} \) for IMEX \( \alpha = 0 \). In addition to the plots for the explicit Verlet scheme and for the implicit Crank–Nicolson one, two versions of the IMEX scheme are considered: the version \( \alpha = \frac{1}{2} \) which has been proved to be unconditionally stable and the version \( \alpha = 0 \) which is second-order and reversible in time. For both cases, we consider \( \beta = \frac{1}{4} \) and Nitsche’s parameter is set to \( \gamma_0 = 5 \) for all experiments.

We see in Figure 4.2 that for a time step slightly lower and close to the critical time step, Verlet’s, Crank–Nicolson and IMEX scheme for \( \alpha = 0 \) give some accurate and similar results. This is not the case for the IMEX scheme for \( \alpha = \frac{1}{2} \). In addition to be first-order while the other schemes are second-order, it is excessively dissipative. Despite it ensures the unconditional stability property, it seems to be unfeasible in that context since it would require a too small time step to retrieve an acceptable dissipation.

This is confirmed by the results presented in Figure 4.3 where for a time step ten times larger (and larger than the critical time step), the dissipation is so large that the motion does not resemble the exact solution at all. Since one of the goal of the IMEX scheme is to be able to treat large time steps, this completely disqualifies this version of the IMEX scheme. On this figure, the fact that the time step is larger than the critical step results in the Verlet’s explicit scheme no longer stable being stable, which was the expected behavior. The implicit Crank–Nicolson scheme still gives a reasonable approximation of the motion and still has a good energy conserving property. The IMEX scheme for \( \alpha = 0 \) gives a reasonable approximation on the two first periods with a good energy conservation. However, there is then a degradation of the solution, accompanied by a significant lengthening of the period of the solution.
4.2. 2D numerical experiments: multiple impacts of a disc

Numerical experiments are then carried out in 2D on the impact of a disc on a rigid support at $y = 0$. The physical parameters are the following: the diameter of the disc is $D = 40$, the Lamé coefficients are $\lambda = 3 \times 10^4$ and $\mu = 3 \times 10^4$, and the material density is $\rho = 1$. The total simulation time is $T = 30$. The volume load in the vertical direction is set to $\|f\| = 0.1$ (gravity, oriented towards the support). The upper part of the boundary is a traction free boundary and the lower part is the contact zone $\Gamma_C$. We consider an initial vertical displacement ($u_0 = (0, 2)$) and no initial velocity ($\dot{u}_0 = 0$). We use a $P_2$ isoparametric finite element method, whose mesh is represented on Figure 4.4.

A first comparison is presented on Figure 4.5 for a time step $\tau = 0.0025$ chosen smaller but close to the critical time step for the explicit scheme. For each scheme, the three plots correspond to the evolution of the normal displacement at the lowest point of the disc (the first point which enter into contact with the rigid support), the contact stress at this lowest point and the evolution of the discrete energy. The plotted energy is still $E_{h,n+\frac{1}{2}}$ for Verlet and Crank–Nicolson schemes and $E_{\text{imex}2}^{h,n+\frac{1}{2}}$ for IMEX $\alpha = 0$. We can see a good accordance between the three schemes: Verlet’s, Crank–Nicolson and IMEX $\alpha = 0$ schemes. We no longer compare with the IMEX scheme with $\alpha = \frac{1}{2}$ which gives a too poor approximation. There is some overshoots of the discrete energy at impact when using the IMEX scheme, probably due to the non-regularity of the contact terms.

A comparison for a time step ten times larger is presented on Figure 4.6. The result for Verlet’s scheme is not presented since the time step is larger than the critical value for stability. The implicit Crank–Nicolson still gives a good approximation of the solution. The IMEX scheme for $\alpha = 0$ is stable and do not present some spurious oscillations, however, as in 1D, there is a significant increase of the time between two impacts.

At this point, we can conclude that the built IMEX schemes have very good stability properties for the contact problem. However, there is a slowing down of motion for large time steps that is not present with the Crank–Nicolson scheme. The next section is devoted to give an interpretation of this phenomenon.
5. Selective mass scaling effects, difficulty and improvements

In this section, we try to understand the reason for the alteration of the observed motion when the IMEX scheme (3.3), corresponding to the splitting $K^h_1$ and $A^h_1$, is used for large time steps and the
link with the existing works on the selective mass scaling. We also propose some variants to try to reduce theses alterations.

We remark first that the IMEX scheme in the central difference form (3.3) for $\alpha = 0$ can easily be rewritten

\[
\begin{align*}
\text{Find } u^{h,n+1} & \in V^h \text{ such that:} \\
(M^h + \beta \tau^2 K^h) \left( \frac{u^{h,n+1} - 2u^{h,n} + u^{h,n-1}}{\tau^2} \right) + B^h u^{h,n} = L^{h,n},
\end{align*}
\]

and the discrete energy (3.7) can be rewritten in a form more related to (5.1):

\[
E_{\text{IMEX}}^{h,n+\frac{1}{2}} = \frac{1}{2} \left( (M^h + \left( \beta - \frac{1}{4} \right) \tau^2 K^h) \left( \frac{u^{h,n+1} - u^{h,n}}{\tau}, \frac{u^{h,n+1} - u^{h,n}}{\tau} \right) \right)_{\gamma_h} + \psi_{B^h}(u^{h,n+\frac{1}{2}}).
\]

It is particularly noteworthy that (5.1) corresponds exactly to a central difference scheme (Verlet’s scheme) applied to the original problem but with a mass operator $M^h$ replaced by $M^h + \beta \tau^2 K^h$.

A perturbation of the mass matrix in order to increase the critical time step in an explicit time integration scheme is generally called a mass scaling. The perturbation of the mass matrix with a term proportional to the stiffness matrix has been proposed in [34] and further studied in [33, 15, 47] under the name “selective mass scaling”. As far as we know, the interpretation in term of an implicit-explicit scheme has not been given yet, although this seems to be the most straightforward one.

The numerical study in [33] (Figure 1 in this reference) reveals a thresholding of the highest eigen-frequencies and a moderate modification of the lowest eigenfrequencies, the rigid modes not being impacted. Our stability result imply that the thresholding of the highest eigen-frequencies is obtained not only for the stiffness matrix of the problem, but for any symmetric matrix $K^h$ such that both $K^h$ and $A^h = K^h - B^h$ are monotonous operators.

However, in our case, even if we recover the increase of the critical time step (even finding unconditionally stable methods), there is a consequent alteration of the rigid modes. These rigid modes are however not impacted by a standard stiffness matrix, of course, since the rigid modes lie in its kernel. Indeed, in our situation, the operator

\[
(K^h v^h, w^h)_{\gamma_h} = a(v^h, w^h) - \int_{\Gamma_C} \frac{1}{\gamma_h} \sigma_n(v^h) \sigma_n(w^h) \, d\Gamma
\]

contains, additionally to the stiffness terms, the Nitsche’s contact terms in which we can extract the penalty term

\[
\int_{\Gamma_C} \gamma_h v^h w^h \, d\Gamma.
\]

This term is in fact the only one being non-zero for a rigid motion. This is a term on the contact boundary which adds a significant mass on the boundary in the modified mass matrix $M^h + \beta \tau^2 K^h$. This term is necessary to stabilize the explicit treatment of the non-linear Nitsche contact term but causes rigid body motion alterations even in the absence of contact.

Remark 5.1. The implicit Crank–Nicolson scheme can also be rewritten in the form close to (5.1) for $K^h = B^h$ and $\beta = \frac{1}{2}$ replacing $K^h(u^{h,n+1} - 2u^{h,n} + u^{h,n-1})$ by $B^h(u^{h,n+1}) - 2B^h(u^{h,n}) + B^h(u^{h,n-1})$. The reason why the rigid body motions are not perturbed using the Crank–Nicolson scheme is simply that the additional penalty term in $B^h$ is only present when contact occurs which has a limited influence since in that case the normal displacement is close to zero.

Unfortunately, keeping a constant $K^h$, it is not possible to add the penalty term in $K^h$ only in the occurrence of contact and keeping a monotonous operator $A^h$ and so it is not possible to obtain the
desired increase of the critical time step. However, we will see in the next sections some possible ways to overcome this difficulty and improve the approximation for large time steps.

5.1. A non-constant splitting decomposition of $B^h$

Since the perturbation of the additional penalty term in $K^h$ occurs mainly in absence of contact, a first idea is to add this term only when there is contact with a non-constant operator $K^h$. This can be done, for instance, by considering the following splitting decomposition

$$(K_2^h(v^{h,0}, w^h)_{\gamma_h} := a(v^h, w^h) - \int_{\Gamma_C} \frac{1}{\gamma_h} \sigma_n(v^h) \sigma_n(w^h) \, d\Gamma$$

$$+ \int_{\Gamma_C} H(\gamma_h v_n^{h,0} - \sigma_n(v^{h,0})) \left[ \frac{1}{\gamma_h} (\sigma_n(v^h) - \gamma_h v_n^{h}) (\sigma_n(w^h) - \gamma_h w_n^{h}) \right] \, d\Gamma, \quad (5.4)$$

and

$$(A_2^h v^h, w^h)_{\gamma_h} := \int_{\Gamma_C} \frac{1}{\gamma_h} (\sigma_n(v^h) - \gamma_h v_n^{h}) + (\sigma_n(w^h) - \gamma_h w_n^{h}) \, d\Gamma$$

$$- \int_{\Gamma_C} H(\gamma_h v_n^{h,0} - \sigma_n(v^{h,0})) \left[ \frac{1}{\gamma_h} (\sigma_n(v^h) - \gamma_h v_n^{h}) (\sigma_n(w^h) - \gamma_h w_n^{h}) \right] \, d\Gamma. \quad (5.5)$$

Here $H(\cdot)$ is the Heaviside function ($H(x) = 1$ for $x \geq 0$, $H(x) = 0$ for $x < 0$) and $v^{h,0}$ is the displacement at the previous time step.

This is of course a clear drawback that the matrix of the implicit term is changing from an iteration to another. Moreover, the stability results of Section 3.2 no longer apply. Finally, this scheme can be viewed as a special implicit-explicit scheme where the contact status is taken at the previous time step.

![IMEX scheme with non-constant implicit term. Simulation on the two-dimensional case for different time steps and $\Theta = 1, \gamma_0 = 5 \times 10^5, \beta = 0.25$.](image)

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Some numerical tests in the two-dimensional case are shown on Figure 5.1. Compared to Figure 4.6 for our first IMEX scheme, it can be seen that a good approximation of the motion is recovered. The stability is preserved for the time step $\tau = 0.025$ but this is not the case for a larger time step $\tau = 0.1$. More precisely, the energy plotted here corresponds to $E_{\text{imex}}^{h,n+1/2}$. As expected, it is well conserved only when the contact term is not active, i.e. between bounces. However, some artificial energy seems to be added at each bounce, which can generate a non-negligible disturbance in the motion of the elastic ball as using time step $\tau = 0.1$ where the ball gains too much speed on the third bounce.

In conclusion, this first approach allows to overcome the problem of perturbation of the motion due to the additional contact term and allows the use of larger time steps than with explicit Verlet’s scheme. However, the unconditional stability property is not preserved and some instability issues can be observed using a too large time step.

5.2. Small number of fixed points iterations

Another way to improve the accuracy of IMEX schemes, proposed for instance in [20], is to add a small number of fixed points iterations taking the solution to the IMEX scheme as a predictor step. At time step $n + 1$, the quantities $u_{h,n}^{h,n-1}$ and $u_{h,n}^{h,n}$ being known, we consider the following linear system which consists to find $u_{h,n+1}^{h,n+1}$ solution to

$$
\left( M^h + \beta \tau^2 K^h \right) \left( \frac{u_{h,n+1}^{h,n+1} - 2u_{h,n}^{h,n} + u_{h,n-1}^{h,n}}{\tau^2} \right) + K^h u_{h,n}^{h,n} - G_{(i)}^h = L_{h,n}^h.
$$

Notice that $u_{(i)}^{h,n+1}$, defined as the solution to (5.6) for $G_{(i)}^h = A^h u_{(i)}^{h,n}$, is the solution to our IMEX scheme (3.3) (or (5.1)) for $\alpha = 0$. Then, one obtains $u_{(i+1)}^{h,n+1}$ from $u_{(i)}^{h,n+1}$ by the recurrence relation

$$
u_{(i+1)}^{h,n+1} \text{ solution to } (5.6) \text{ for } G_{(i+1)}^h = \beta A^h \left( u_{(i)}^{h,n-1} \right) + (1 - 2\beta) A^h \left( u_{(i)}^{h,n} \right) + \beta A^h \left( u_{(i)}^{h,n+1} \right).
$$

In particular, it leads to the following fixed point iteration

$$
u_{(i+1)}^{h,n+1} = H^n - \left( \frac{M^h}{\beta \tau^2 + K^h} \right)^{-1} A^h \left( u_{(i)}^{h,n+1} \right),$$

which is a contraction for $\tau$ small enough. Here

$$H^n = 2u_{h,n}^{h,n} - u_{h,n-1}^{h,n} + \tau^2 \left( M^h + \beta \tau^2 K^h \right)^{-1} \left( L_{h,n}^h - K^h u_{h,n}^{h,n} - \beta A^h \left( u_{h,n-1}^{h,n} \right) - (1 - 2\beta) A^h \left( u_{h,n}^{h,n} \right) \right),$$

and the iteration converges toward the solution of the implicit $\beta$-Newmark scheme.

The numerical results on the two-dimensional case of Section 4.2 is presented on Figure 5.2. As the iteration converges toward the solution of the implicit $\beta$-Newmark scheme, we consider here the energy $E_{\text{imex}}^{h,n+1/2}$. We can then observed on numerical experiments that the higher the number of iterations the better it is preserve. Moreover, comparing with the results on Figure 4.6, one notices that even with only one fixed point iteration, there is an important correction of the period of the motion. However, the initial period is reached for ten fixed point iterations, which corresponds to a non-negligible computational cost. Compared for instance with a Newton method on the implicit scheme, note that the matrix of the linear system to be solved at each iteration do not vary, allowing for instance a unique factorization.
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Normal displacement at lowest point
Contact stress at lowest point
Discrete energy evolution

IMEX $\alpha = 0$
(1 correction iteration)

IMEX $\alpha = 0$
(4 correction iterations)

IMEX $\alpha = 0$
(10 correction iterations)

IMEX $\alpha = 0$
(25 correction iterations)

Figure 5.2. IMEX scheme with fixed point iterations. Simulation on the two-dimensional case for the time step $\tau = 0.025$ (above CFL) and the other numerical parameters $\Theta = 1, \gamma_0 = 5 \times 10^5, \beta = 0.25$ for the different schemes.

5.3. Compensate the penalty term in $K^h$

Since the main difficulty comes from the penalty term

$$\int_{\Gamma_C} \gamma_h v_n^h u_n^h d\Gamma$$

in the operator $K^h$, another option is to try to substitute it by a stiffness term which do not affect the rigid body motion. When the bilinear form $a(u, v)$ defined by (2.3) is coercive (i.e. in the present case when the Dirichlet boundary $\Gamma_D$ is of non-zero measure in $\partial \Omega$), then, using additionally a trace inequality, there exists a constant $\alpha_h > 0$ such that

$$a(u, u) \geq \alpha_h \int_{\Gamma_C} \gamma_h u_n^2 dx, \forall u \in V.$$

The fact that $-\int_{\Gamma_C} \gamma_h u_n^2 dx + \frac{1}{\alpha_h} a(u, u) \geq 0$ indicates that this term can be added to the operators $K^h$ and $A^h$ without altering their monotonicity. By arguments similar to those of Proposition 3.3, we can conclude, that in the coercive case, the following splitting corresponds to two monotonous
operators for $\gamma_0$ large enough:

$$
(K_h^3 \mathbf{v}^h, \mathbf{w}^h)_{\gamma_h} := \left( 1 + \frac{2}{\alpha_h} \right) a(\mathbf{v}^h, \mathbf{w}^h) - \int_{\Gamma_C} \frac{1}{\gamma_h} \sigma_n(\mathbf{v}^h) \sigma_n(\mathbf{w}^h) \, d\Gamma,
$$

(5.7)

$$
(A_h^3 \mathbf{v}^h, \mathbf{w}^h)_{\gamma_h} := \int_{\Gamma_C} \frac{1}{\gamma_h} \left( \sigma_n(\mathbf{v}^h) - \gamma_h \mathbf{v}_n^h \right) \left( \sigma_n(\mathbf{w}^h) - \gamma_h \mathbf{w}_n^h \right) \, d\Gamma + \frac{2}{\alpha_h} a(\mathbf{v}^h, \mathbf{w}^h).
$$

(5.8)

**Figure 5.3.** Penalty term replaced by a stiffness one. Simulation on the one-dimensional case for the time steps $\tau = 0.05$ (IMEX) and $\tau = 0.1$ (Crank–Nicolson and IMEX) and the other numerical parameters $\Theta = 1, \gamma_0 = 4, h = 0.02, \beta = 0.25, \alpha_h = 0.2$ for the different schemes.

The numerical results are presented on Figure 5.3 for the one-dimensional case of Section 4.1 and on Figure 5.4 for the two-dimensional case of Section 4.2. The important difference between the two test-cases is that in the one-dimensional case the stiffness term is coercive due to the Dirichlet condition on the top of the bar while this is not the case in the two-dimensional case. Nevertheless, the numerical results are similar in both the two cases. For a time step approximately five time larger than the critical time step, a reasonable approximation is obtained without the augmentation of the period noticed in the initial IMEX scheme. However, some fluctuation of the energy $E_{\text{imex2}}^{h,n+1/2}$ are noted. For a larger time step, the motion is perturbed by this augmentation of the stiffness term (the approximation with Crank–Nicolson implicit scheme has been added for comparison). Therefore, although this technique can be used for moderately large time steps, it fails to give a good approximation for very large time steps.

### 5.4. A penalty free variant of Nitsche’s method

Another possibility to avoid the occurrence of the penalty term is to turn to the penalty-free variant of Nitsche’s method. An alternative to the presented Nitsche-based approximation (2.7) which has been proposed in [7], is based on the following reformulation of the contact condition (2.2):

$$
\gamma_h \mathbf{u}_n = - \left( \gamma_h \mathbf{u}_n - \sigma_n(\mathbf{u}) \right)_{\gamma_n},
$$
and can be written as follows:

\[
\begin{cases}
\text{Find } u^h : [0, T] \rightarrow \mathbf{V}^h \text{ such that for } t \in [0, T] : \\
(\rho u^h(t), \mathbf{v}^h)_{0, \Omega} + a(u^h(t), \mathbf{v}^h) - \int_{\Gamma_C} \sigma_n(u^h)v_n^h \, d\Gamma \\
+ \int_{\Gamma_C} \left( u_n^h(t) + \left( u_n^h(t) - \frac{\sigma_n(u^h)}{\gamma_h} \right) \right) \sigma_n(v^h), \quad \forall \mathbf{v}^h \in \mathbf{V}^h,
\end{cases}
\]

(5.9)

There is indeed no penalty term of the form (5.3) in (5.9). Additionally, as it is noted in [43, 44], and since

\[
\begin{align*}
\left( u_n^h(t) + \left( u_n^h(t) - \frac{\sigma_n(u^h)}{\gamma_h} \right) \right) = & u_n^h(t) - \frac{\sigma_n(u^h)}{\gamma_h} + \left( u_n^h(t) - \frac{\sigma_n(u^h)}{\gamma_h} \right) + \frac{\sigma_n(u^h)}{\gamma_h} \\
= & \frac{1}{\gamma_h} \left( \sigma_n(u^h) + \left( \sigma_n(u^h) - \gamma_h u_n^h(t) \right) \right),
\end{align*}
\]

Figure 5.4. Penalty term replaced by a stiffness one. Simulation on the two-dimensional case for the time steps $\tau = 0.025$ (IMEX) and $\tau = 0.1$ (Crank–Nicolson and IMEX) and the other numerical parameters $\Theta = 1, \gamma_0 = 5 \times 10^5, \beta = 0.25, \alpha_h = 0.2$ for the different schemes.
this formulation is equivalent to the following one still based on (2.6):

\[
\begin{align*}
\text{Find } & u^h : [0, T] \to V^h \text{ such that for } t \in [0, T] : \\
& (\rho \ddot{u}^h(t), v^h)_{0,\Omega} + a(u^h(t), v^h) - \int_{\Gamma} \sigma_n(u^h)u^h_n \, d\Gamma \\
& + \int_{\Gamma} \frac{1}{\gamma_h} \left( \sigma_n(u^h) + (\sigma_n(u^h) - \gamma_h u^h_n(t)) \right) \sigma_n(v^h), \forall v^h \in V^h, \\
& u^h(0, \cdot) = u^h_0, \quad \dot{u}^h(0, \cdot) = \dot{u}^h_0.
\end{align*}
\]

(5.10)

This formulation is not symmetric and consequently it does not derive from a potential. An example of splitting that both \(K^h\) and \(A^h\) are monotonous operators is the following (the monotonicity of \(A^h_4\) can be proved thanks to an adaptation of the proof of Proposition 3.3):

\[
(K^h_4 v^h, w^h)_{\gamma_h} := a(v^h, w^h) - \int_{\Gamma} \sigma_n(v^h)w^h_n \, d\Gamma + \int_{\Gamma} v^h_n \sigma_n(w^h) \, d\Gamma \\
+ \int_{\Gamma} \frac{4}{\gamma_h} \sigma_n(v^h)\sigma_n(w^h) + 3\gamma_h v^h_n w^h_n d\Gamma,
\]

(5.11)

\[
(A^h_4 v^h, w^h)_{\gamma_h} := -\int_{\Gamma} \frac{1}{\gamma_h} \left( \sigma_n(v^h) + (\sigma_n(v^h) - \gamma_h v^h_n) \right) \sigma_n(w^h) \, d\Gamma \\
+ \int_{\Gamma} v^h_n \sigma_n(w^h) \, d\Gamma + \int_{\Gamma} \frac{4}{\gamma_h} \sigma_n(v^h)\sigma_n(w^h) + 3\gamma_h v^h_n w^h_n d\Gamma.
\]

(5.12)

However, one can note in this splitting the appearance of a penalty term. We did not find a splitting verifying the monotonicity of the two operators that do not contain a penalty term. The numerical parameters used for the different schemes are: \(\Theta = 1, \gamma_0 = 5 \times 10^4, \beta = 0.25\) for the different schemes.

**Figure 5.5.** Penalty free approximation. Simulation on the two-dimensional case and a time step \(\tau = 0.001\) (below CFL) and the other numerical parameters \(\Theta = 1, \gamma_0 = 5 \times 10^4, \beta = 0.25\) for the different schemes.
results are presented on Figure 5.5 for a time step lower than the critical one and on Figure 5.6 for a time step ten times larger. The plotted energy is $E_{h,n+\frac{1}{2}}$ for Verlet, Crank–Nicolson and also the IMEX scheme. As expected, the energy is well preserved in each case presented on Figure 5.5 except the overshoots when the contact becomes active. However, this is no longer the case for a large time steps with the IMEX approach, as shown on Figure 5.6. We did not find any splitting that avoid these instabilities.

Note also that the contact stress at lowest point in Figure 5.5 and 5.6 has smaller negative values during impact than in Figure 4.5 and 4.6 for instance. This means that the contact area is larger with this variant of Nitsche’s method than with the classical one. This is due to the fact that a lower Nitsche parameter $\gamma_0$ as been considered. Unlike the classical Nitsche’s method, the stability of this variant is obtained for small values of $\gamma_0$.

5.5. Second-order correction of the $\beta$-Newmark scheme

A last proposed improvement is to consider a perturbed version of $\beta$-Newmark scheme in order to minimize the influence of the penalty term in the implicit treatment of $K^h$.

Recall that the first splitting introduced here reads as $B^h = K^h_0 - A^h_0$ where only the stiffness part is treated implicitly. This then leads to the following $\beta$-Newmark scheme

$$u^{h,n+1} = 2u^{h,n} - u^{h,n-1} + \left( M^h + \beta \tau^2 K^h_0 \right)^{-1} (L^{h,n} - B^h u^{h,n}), \quad (5.13)$$

which is unstable in practice. Indeed, the last part of the instabilities comes from the integration of the non-monotonous contact term $A^h_0$ which corresponds to

$$\left( M^h + \beta \tau^2 K^h_0 \right)^{-1} (A^h_0 u^{h,n}).$$

We then proposed to use the splitting $B^h = K^h_1 - A^h_1$ where $A^h_1$ can be viewed as a monotonous relaxation of $A^h_0$. As expected, the new scheme

$$u^{h,n+1} = 2u^{h,n} - u^{h,n-1} + \left( M^h + \beta \tau^2 K^h_1 \right)^{-1} (L^{h,n} - B^h u^{h,n}), \quad (5.14)$$
is numerically stable but the presence of the penalty term $\int_{C} \gamma_{h} v_{n}^{h} u_{n}^{h} d\Gamma$ in $K_{1}^{h}$ gives some alterations of the rigid modes even when there is no contact. Notice that these perturbations can be localized on both source and stiffness terms:

$\left(M^{h} + \beta \tau^{2} K_{1}^{h}\right)^{-1} (L^{h,n} - K_{0}^{h} u^{h,n}).$

Our idea here is then to combine the benefits of the two previous schemes by introducing a correction of the source term $L^{h,n}$ and the stiffness term $K_{0}^{h} u^{h,n}$ before applying the selective mass scaling effect $\left(M^{h} + \beta \tau^{2} K_{1}^{h}\right)^{-1}$. We can then consider the following scheme

$u^{h,n+1} = 2u^{h,n} - u^{h,n-1} + \left(M^{h} + \beta \tau^{2} K_{1}^{h}\right)^{-1} \left(C_{\tau}^{1} L^{h,n} - C_{\tau}^{2} K_{0}^{h} u^{h,n} - (B^{h} - K_{0}^{h}) u^{h,n}\right),$

where the consistence of the scheme requires that the two correction operators $C_{\tau}^{1}$ and $C_{\tau}^{2}$ satisfy the limits

$\lim_{\tau \to 0} C_{\tau}^{1} = \lim_{\tau \to 0} C_{\tau}^{2} = I_{d}.$

In that case, it is not difficult to see that the scheme is still a $\beta$-Newmark one

$M^{h} \left(\frac{u^{h,n+1} - 2u^{h,n} + u^{h,n-1}}{\tau^{2}}\right) + K^{h} \left(\beta u^{h,n+1} + (1 - 2\beta)u^{h,n} + \beta u^{h,n-1}\right) - \tilde{A}^{h} u^{h,n-\alpha} = \tilde{L}^{h,n} \quad (5.15)$

where the source and the explicit term are now given by

$\tilde{A}^{h} = A_{1}^{h} - (C_{\tau}^{2} - I_{d}) K_{0}^{h}$ and $\tilde{L}^{h,n} = C_{\tau}^{1} L^{h,n}.$

A second-order correction can then be made by constructing two operators $C_{\tau}^{1}$ and $C_{\tau}^{2}$ satisfying

$\left(M^{h} + \beta \tau^{2} K_{1}^{h}\right)^{-1} [C_{\tau}^{1} L^{h,n}] = (M^{h})^{-1} L^{h,n} + O(\tau^{2}), \quad (5.16)$

and

$\left(M^{h} + \beta \tau^{2} K_{1}^{h}\right)^{-1} [C_{\tau}^{2} K_{0}^{h} u^{h,n}] = \left(M^{h} + \beta \tau^{2} K_{1}^{h}\right)^{-1} K_{0}^{h} u^{h,n} + O(\tau^{2}). \quad (5.17)$

Here is an example of these operators

$C_{\tau}^{1} = \left(M^{h} + \beta \tau^{2} K_{1}^{h}\right) (M^{h})^{-1}$ and $C_{\tau}^{2} = \left(M^{h} + \beta \tau^{2} K_{1}^{h}\right) \left(M^{h} + \beta \tau^{2} K_{1}^{h}\right)^{-1}. \quad (5.18)$

However, recall that the stability of the associated $\beta$-Newmark scheme requires the monotonous property of the operator $\tilde{A}^{h} = A_{1}^{h} - (C_{\tau}^{2} - I_{d}) K_{0}^{h}$ which is satisfied only asymptotically when $\tau$ goes to zero.

Figure 5.7 shows the result of the simulation in the two-dimensional case for the correction (5.18). The numerical results shows a good correction of the slowing down noted in Figure 4.6 for IMEX scheme (5.14). The plotted energy is the discrete one $E_{\text{imex2}}^{h,n+1/2}$ adapted to the modified operators given in (5.15). Notice that it is well conserved but its level is different to the uncorrected schemes. In conclusion, this variant provides a framework for correcting the undesirable effects of IMEX schemes while maintaining their good stability properties.

**Conclusion**

The interest of our IMEX schemes is to allow an acceleration of the simulation compared to explicit schemes by using larger time steps and with a cost corresponding only to the resolution of a (constant) linear system at each time step.

We exhibited some theoretical stability results in Section 3.2 and the numerical tests of Section 4 confirm the possibility of obtaining some unconditionally stable IMEX schemes.
The first-order IMEX scheme (\(\alpha = \frac{1}{2}\)) for which we have a proof of unconditional stability is however too much dissipative in practice. The second-order schemes do not raise any stability issues in our tests, despite we do not have such a proof of stability.

A less positive aspect is that our numerical tests have revealed a drawback of IMEX schemes in the treatment of the penalty contact term: a slowing down of the motion is observed for large time steps. An analysis of this phenomenon in Section 5 shows that it is due to the addition of the contact penalty term to the mass matrix in the IMEX scheme (this also occurs for the implicit schemes but only when contact occurs).

In this section we also provide an interpretation of the IMEX scheme in terms of selective mass scaling, which has not been proposed before, as far as we know. We then proposed five different techniques to try to overcome the difficulty of too large time steps.

In Subsection 5.1, we first tested a non-constant implicit term where the idea is to apply the penalty term only when contact occurs. This effectively removes the slowing down of the motion, but a non-constant linear system must be solved at every time step, and the unconditional stability of the scheme is now loose. In Subsection 5.2, we also tested to add a few fixed points iterations. It is then possible to recover a good approximation with this method for large time steps, but at the price of several (but constant) linear resolutions. In Subsection 5.3, we tested to replace the penalty term with a stiffness one, exploiting the coercivity of the problem. This also partially overcome the difficulty but only for moderately large time steps. In Subsection 5.4, we tested the penalty-free version of Nitsche’s method proposed in [7]. However, we did not find any stable splitting using this approach. Finally, in Subsection 5.5, we proposed a framework for a second-order correction of the \(\beta\)-Newmark scheme and we give an example leading to a second-order correction with a numerical example showing that adapted corrections can improve the approximation for large time steps.

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References


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